



## Editorial

### 1. Vitamin D and Calcium: a new Controversy

Dr. Ashish Ranade

### 2. Orthopaedic Research: Mandate of our times

Dr. Shantanu Patil

## Original Articles

### 3. A Case Series of Fracture Upper end Humerus in Elderly Patients with Co-morbidities Treated with Umex Fixator

Dr. Gaikwad Yogesha, Dr. Devendra Vartak, Dr. Ranade Ashish, Dr. Khadilkar Madhav, Dr. Nemade Vijay

### 4. Current Management Concepts in Gouty Arthritis

Dr. Sagar Saxena , Dr. Govind S Kulkarni , Dr. Sunil G Kulkarni, Dr. Parag Bharat Shah

### 5. Reconstruction of Chronic Tendo Achilles Tear – A Novel Method

Dr. Akshay Phadke , Dr. Girish Narayandas Amlani

### 6. Management of Terrible Triad Injury of the Elbow and their Functional Outcomes

Dr. Sagar Saxena , Dr. Vidisha S Kulkarni, Dr. Sunil G Kulkarni, Dr. Parag Bharat Shah, Dr. Priyanshu Dixit, Dr. Pradhyumn Rathi

## Case Reports

### 7. Tibial bone loss of 13 cm treated by Ilizarov Distraction Osteogenesis

Dr. Gautam Shah , Dr. N B Goyal , Dr. Sameer S. Patil

## Book Review

### 8. Tips & Tricks in Orthopedic Surgery

by Dr Ajit N Damle

Dr. Ashok Shyam