

Book Review

Clinical Aspects in Osteoporosis by Manoj R. Kandoi, First edition Jaypee 2005, 468 Pg., ISBN 81-8061-451-4.

This book presents a review and is a handbook on Osteoporosis. *The co-author* - a gynaecologist, has focused very well on Postmenopausal Osteoporosis and Hormonal replacement therapy. The *Nineteen-chapter* handbook begins with basics of bone structure, bone chemistry, calcium metabolism to Kyphoplasty-a technique to correct kyphosis after collapse of osteoporotic vertebrae,

Many useful pearls and statistical data about osteoporosis are well mentioned and are supported with references. *Drug therapy* and its effectiveness has been well mentioned.

Language and font used is quite simple and understandable .The contents are more in form of notes rather than text. Book provides ready references and various sites for further reading in Osteoporosis. *Aesthetically*, cover page of book is simple. It should have highlighted Osteoporosis in more pictorial manner. A helpful addition in *any future edition* of this book would be to convert the contents into a text with more illustrations to make this book a textbook rather than a guidebook .Varied font with highlighted sections .stressing important points would make the text reader friendly. *Aimed audience* are postgraduate students and practicing orthopods. *Overall* the book summarises the clinical aspect of Osteoporosis well.

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