

Tips & Tricks in Orthopedic Surgery

by Dr Ajit N Damle

Ashok Shyam

Single author books in orthopaedics are becoming a rarity nowadays. Most books have multiple authors and multiple editors and many a times the goal that was set to achieve is defeated by the heterogeneity of the writings of multiple authors. In this sense this particular book scores over others. Once we start reading this book, we immediately understand that this book is a distillations of decades of pure clinical experience. Dr Damle has written the book in a very honest way and in every chapter he tries to pour in all the clinical experience he has and sincerely wishes that the reader should learn and benefit from his experience.

The book focusses on trauma surgery and is organised in two sections, upper extremity and lower extremity. The fractures are arranged in both sections from proximal to distal. The chapters do not follow a conventional textbook of fracture surgery but are put up from the perspective of the author and I believe it is an excellent way to provide an overview of each topic but still keep the focus on important observations and surgical principles. As the name suggest, the book is full of tips and tricks that would be very useful to orthopaedic surgeons from all across the genre. Students and postgraduates would benefit from simplified approach to each fracture that is described in the book. There is vast clinical material and clinical pictures that is presented in the book and this gives the book more visual appearance. Author has described excellent cases and all cases are described fully up to their logical conclusion. The reader will definitely get an impression that these cases are taken from a vast database of cases and clearly demonstrate the clinical message.

The entire book is written in a very lucid language and is quite simplified. It does not rely of the literature, instead, as I mentioned earlier it is a treatise of individual clinical experience of over 4 decades of clinical practise. It would be very useful to general orthopaedic surgeons and also equally to students. Everyone reading this book will definitely learn [or relearn] many tips and tricks for trauma surgery.

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